

Rec Connect Winter Programs



Rec Connect Outings & Programs listed here are intended for participants with a disability, ages 15 and up.

COLLEGE BASKETBALL GAME - HOLY CROSS VS. LOYOLA

Date/Time: Thursday, January 2, 5:00 - 8:30 pm

Cost: \$15/person

Meet at Shrewsbury Town Hall at 5 pm

Join Rec Connect for an exciting night of basketball action at Holy Cross! Bring your friends, family, and team spirit as we cheer on our players and enjoy a great atmosphere! The game starts at 6 pm.

CIRQUE DU SOLEIL: OVO

Date/Time: Friday, January 10, 5:30 - 10 pm

Cost: \$50/person

Meet at Shrewsbury Town Hall,

Transportation provided to DCU Center

An exciting Cirque du Soleil experience, OVO is a colorful intrusion into a new day in the life of insects, a non-stop riot of energy and movement.

Through show-stopping acrobatics highlighting selected insect species' unique personalities and abilities, OVO explores the beauty of biodiversity in all its contrasts and vibrancy. For its relaunch in 2022, three new acts and new characters were incorporated into the joyful OVO colony to delight audiences of all ages.

RAILERS HOCKEY GAME

Sensory Friendly Night

Date: Wednesday, February 5

Game Time: 7:05 pm

Transportation provided to the DCU Center.

Meet at Shrewsbury Town Hall at 5:45 pm. Estimated return time is 9:15 pm.

Cost: \$15

Let's head to the DCU Center to cheer on the Railers as they take on the Atlanta Gladiators! Bring your own money for snacks & souvenirs.

COLLAGE ART STUDIO

Date/Time: Thursday, February 27, 5:30-7:30 pm

Location: 205 Turnpike Road, Southborough

Cost: \$30

Unleash your creativity at this fun-filled family event! Join us for an engaging collage art session where you can explore your artistic side with colorful materials and unique designs. For just \$30 per participant, a parent or buddy can join in the fun for free. Pizza and drinks included.

BINGO & BOARD GAMES

Date/Time: Friday, March 14, 6:30-8:30 pm

Location: Shrewsbury Senior Center

Cost: \$10

A fun and inclusive event designed for participants of all abilities to enjoy classic bingo alongside other classic board games. The evening fosters connection, laughter, and accessibility to ensure everyone can join the excitement. Perfect for families, friends, and community members looking for a memorable time together! Light snacks provided.

BOWLING AT APEX

Day/Time: Thursdays, 6-8 pm

January 23

March 6

Cost: \$20/night

Location: Apex Entertainment

The third Thursday of each month is bowling night! Register for one night or all of them! Shoes included. Please bring your own money if you wish to purchase refreshments.

ADAPTIVE PICKLEBALL

Day/Time: Wednesdays, 6:15-7:15 pm

March 5-26 (4 weeks)

Cost: \$50

Instructor: Suzanne Cox

Location: Beal School Gym, Shrewsbury

Our adaptive pickleball program for teens and adults is designed to make the sport of pickleball accessible to individuals with physical, cognitive, or developmental disabilities. This inclusive program offers tailored instruction, equipment, and gameplay modifications to ensure all participants, regardless of ability level, can enjoy the sport.

Rec Connect is a Multi-Town partnership working to offer high quality adaptive and inclusive community recreation programs and events for those with diverse abilities.

Guidelines for safe participation are available on our websites. We encourage you to reach out with any questions you might have about Rec Connect being a good fit for you or someone in your life!

More information and registration available at shrewsbury.ma.myrec.com under "Adaptive Programs"